

MGTV
Channel 15
SUBJECT TO CHANGE
Week Of AUGUST 6, 2018

Time	Mon. 8/6	Tue. 8/7	Wed 8/8	Thur. 8/9	Fri. 8/10	Sat. 8/11	Sun. 8/12
9:00am	Fit For Duty/ Yoga For Runners	Fit For Duty/ Pushing For Power	Fit For Duty/Legs, Buns, Abs	Fit For Duty/ Calesthcnics		Fit For Duty/ Interval Training	Citizens Night Council Work Sess Replay
9:30am	Joint Replacement.	Greenworks/ Ecological Home	In The Fight	Recon// Mission Of Music		American Veterans/ Veteran Affairs	Fit For Duty/ Latin Dance
10:00am	Recon Mission Of Mercy	Reflections Of Monroeville	Put Some Spring In Your Step	Your Kidneys & You	Citizens Night Council Work Sess Replay	Capitol Connection	Freedom Watch Afghanistan
10:30am	Managing Type 2 Diabetes	Arthritis Prevention	Capitol Connection	Recon/ No Greater Love	Fit For Duty/ Yoga/Pilates	Tour Of Duty/ Langly	Fraud Files
11:00am	Closer Look/ Afghanistan Crossroads	Two Fields One Team	ID Crisis		Steady On Your Feet		Seven Families Of Old Patton Twp.
11:30am					AF Horizons For Hondorus		
12:00pm	Zoning Hearing Board Replay	Capitol Connection	Conspicuous Courage				
12:30pm	Organ Transplant Pgm.	Ergonomics To Prevent Injures	Greenworks/ Envieonmental Innovations				
1:00pm	In The Fight	Gettysburg Battle	Conquering The Climb	7 Ways To Keep Your Back Healthy	Combat Camera	Citizens Night Council Work Sess Replay	American Veterans/ Tuscan Airmen
1:30pm	Greenworks/ A River Sojourn	Breast Cancer	Greenworks/ Bay To Pa	Tour Of Duty/ Camp Humohrey	Greenworks/ Enviro Pioneer	Greenworks/ Environmental Pioneer	Capitol Connection
2:00pm	Recon/ Game On	In The Fight	Theropy Options	Capitol Connection	Recon/ Future Soldier	Closer Look/ Big Picture	Recon/ Inner energy
2:30pm				Am Vets Health Benefits	Balance Training	Greenwokks/ Touch The Water	Diabetes Prevention
3:00pm						WW 1Good For Medicine	PA Black Bear
3:30pm							
4:00pm							
6:00pm							Citizens Night Council Work Sess Replay
6:30pm							Future Soldier
7:00pm	Reversed Mortgage Explained	Blood Brothers	Korean Connection	Citizens Night Council Work Session Live	Citizens Night Council Work Session Live	Reverse Mortgage A Unique Financial Option	PA Elk
7:30pm	Capitol Connection	Greenworks/ Polutionn Solutions & Results	Unbridled		Greenworks/ Living Communities	In The Fight	Recon/ Big Muddy
8:00pm	Navy Counter Terrorism	Too Good To Be True	Greenworks/ Environment In The Home		Capitol Connection	Carpal Tunnel	Greenworks/ Home Green Home
8:30pm	Greenworks/ Living Communities	Eat Smart For Your Health	Secrets O The Sea Pt. 1		Strength & Conditioning	Stolen Valor	Closer look/ Leadership
9:00pm	Command Performance	Engaging Africa	Secrets O The Sea Pt 2		Recon/ Battling The Odds	Greenworks/ Polutions Solutions & Results	Greenworks/ Protecting Our Children's Health
9:30pm	Greenworks/ Shaping Our Communities	Greenworks/ Enviro Innovations	Greenworks/ Return Of The Raptor		Greenworks/ Choose To Reuse	Vietnam Wall Stories	Image Matters
10:00pm							
10:30pm							
11:00pm							

MGTV-15
SUBJECT TO CHANGE
WEEK OF AUGUST 13, 2018

Time	Mon. 8/13	Tue. 8/14	Wed. 8/15	Thur. 8/16	Fri. 8/17	Sat. 8/18	Sun. 8/19
9:00am	Fit For Duty/ Yoga Pilots	Fit For Duty/ Pushing For Power			Fit For Duty/ Latin Dance	Council Meeting - Replay	July 4th Parade
9:30am	Greenworks/ Green Building	Greenworks/ Dealing With Waste			Eat Smart For Your Health	Fit For Duty/ Chair Exercises	Brain Injurj
10:00am	Recon/ Stolen Valor	Blood Brothers	Council Meeting - Replay	Planning Commission Replay	Armed With Science	Capitol Connection	Greenworks/ Dealing With Waste
10:30am	Your Kidneys & You	Carpal Tunnel	Fit For Duty/ Yoga For Golf	Fit For Duty/ Circuit Training	Greenworks/ Eat Locally	In The Fight	Mission Of Music
11:00am			Reflections Of Monroeville	Steady On Your Feet		Greenworks/ Erie & its Environment	Greenworks/ Youth Action
11:30am			Capitol Connection	Recon/ Coast Guard			
12:00pm	Greenworks/ Ecological Home	Recon/ Strike Package		Mission Of Mercy	Council Meeting - Replay		Council Meeting - Replay
12:30pm	Desert Vision	Greenworks/ Envromental Careers			Greenworks/ In The City		Recon/ Future Soldier
1:00pm	Greenworks/ Shaping Our Communities	In The Fight	Recon Game Changer	Capitol Connection	Riverine Warriors	Planning Commission Replay	Greenworks/ Choose To Reuse
1:30pm	Reverse Mortgage Explained	Greenworks/ Environmental Pioneer	Greenworks/ Biodiversity	Breast Cancer	Arthritis Prevention	Ergonomics To Prevent Injuries	In The Fight
2:00pm	Organ Transplant Pgm.	Recon/ 2008 Reloaded	Closer Look Alliance	Navy Counter Terrorism	In The Fight	Command Performance	Recon Battling The Odds
2:30pm		Capitol Connection	Managing Type 2 Diabetes	Reverse Mortgage A unique Financial Option	Greenworks/ Bay To PA	Fraud Files.	
3:00pm							
3:30pm							
4:00pm					Planning Commission Replay		
5:00pm							
6:00pm							Planning Commission Replay
6:30pm							Ground To Air
7:00pm	Citizens Night/ Council Work Session	Council Meeting Live		In The Fight	July 4th Parade	Council Meeting - Replay	Greenworks/ Polution Prevention
7:30pm	Capitol Connection		Planning Commission Live	Too Good To Be True	American Veterans/ Health Benefits	American Vets/ Landmark	AF Horizons For Honhorus
8:00pm	Seven Families Of Old Patton Twp.			Closer Look/ Afghanistan Crossroads	Greenworks/ Ecological Home	Greenworks/ Protecting Our Children's Health	Joint Replacement
8:30pm	Tour Of Duty/ Camp Humphrey			Greenworks/ Environmental Pioneer	Tour Of Duty	Gettysburg Battle	Vietnam Wall Stories
9:00pm	Strength & Conditioning			Recon/ Big Muddy	Greenworks/ Water Resourses	Engaging Africa	Capitol Connection
9:30pm	Future Soldier			Greenworks/ Dealing With Waste	WW I Good For Medicine	USS Constitution	Marine Mseum
10:00pm							