

**MGTV-15**  
**SUBJECT TO CHANGE**  
**WEEK OF JANUARY 15 2018**

Time	Mon. 1/15	Tue. 1/16	Wed. 1/17	Thur. 1/18	Fri. 1/19	Sat. 1/20	Sun. 1/21
9:00am	Fit For Duty/ Yoga Pilots	Fit For Duty/ Calisthenics	Fit For Duty/ Yoga For Golf		Fit For Duty/ Latin Dance	Planning Commission Replay	Fit For Duty/ Yoga For Runners
9:30am	Capitol Connection	Greenworks/ Dealing With Waste	Reflections Of Monroeville		Eat Smart For Your Health	Fit For Duty/ Chair Exercises	Blood Brothers
10:00am	Mission Of Music	Brain Injury	In The Fight	Planning Commission Replay	Armed With Science	Greenworks/ Bay To PA	Greenworks/ Dealing With Waste
10:30am	Your Kidneys & You	Put Some Spring In Your Step	Greenworks/ Home Green Home	Fit For Duty/ Circuit Training	Greenworks/ Youth Action	In The Fight	Recon/ Stolen Valor
11:00am			Steady On Your Feet	Managig Joint Pain In Winter		Greenworks/ Green Building	& its Environment
11:30am				Recon/ Coast Guard			
12:00pm	<b>Council Meeting Replay</b>	Recon/ Strike Package	Capitol Connection	Mission Of Mercy	Combat Camera		Planning Commission Replay
12:30pm	Recon/ Future Soldier	Greenworks/ Envromental Careers	Greenworks/ A River Sojourn		Greenworks/ Polution Solutions And Results		Desert Vision
1:00pm	Greenworks/ Choose To Reuse	In The Fight	Closer Look Alliance	Greenworks/ Biodiversity	Riverine Warriors	Managing Type 2 Diabetes	Capitol Connection
1:30pm	In The Fight	Greenworks/ Environmental Pioneer	Ergonomics To Prevent Injuries	Breast Cancer	Organ Transplant Pgm.	Command Performance	In The Fight
2:00pm	Back Pain	Recon Battling The Odds	American Veterans/ Tuscan Airmen	Navy Counter Terrorism	In The Fight	Fraud Files.	Recon/ 2008 Reloaded
2:30pm		Arthritis Prevention	Greenworks/ And The Award Goes To	Greenworks/ Touch The Water	Greenworks/ In The City	Greenworks/ Cleaning The Air	Balance Training
3:00pm							
3:30pm							
4:00pm					Planning Commission Replay		
5:00pm							
6:00pm							Greenworks/ Shaping Our Communities
6:30pm							Ground To Air
7:00pm	Prostetics	Greenworks/ Happy Campers		In The Fight	Greenworks/ Ecological Home	Planning Commission Replay	Greenworks/ Polution Prevention
7:30pm	ID Crisis	In The Fight	Planning Commission Live	Capitol Connection	American Veterans/ Health Benefits	American Vets/ Landmark	AF Horizons For Honorus
8:00pm	Seven Families Of Old Patton Twp.	Winter Falls		Closer Look/ Afghanistan Crossroads	7 Ways To Keep Your Back Healthy	Greenworks/ Environmental Pioneer	Joint Replacement
8:30pm	Tour Of Duty/ Camp Humphrey	War Against Japan		Greenworks/ Protecting Our Children's Health	Engaging Africa	Gettysburg Battle	Vietnam Wall Stories
9:00pm	Strength & Conditioning	Greenworks/ The Award Goes To		Recon/ Big Muddy	Greenworks/ Water Resourses	Capitol Connection	Greenworks/ Enviro Innovations
9:30pm	Too Good To Be True	Am Vets/ Amputees		Greenworks/ Our Watersheds 2	Marine Mseum	USS Constitution	WW I Good For Medicine
10:00pm							